



# FCS Community News

A Publication of Fitzmaurice Community Services, Inc. Volume 11, Issue 1

January—March 2010

*"Bringing Out The Best In People"*

## Catch of the Day!

Although Arthur Smith enjoys a variety of hobbies and activities, fishing is one of his favorite things to do.

For Arthur, fishing is something to be enjoyed in the company of a good friend. Twice a week, he and his buddy pack their rods, reels, line and lures and head to the Brodhead Creek for a relaxing and enjoyable afternoon.

Arthur, a consumer who has been with FCS for the past four years, is someone who truly enjoys being active. In addition to participating in many of FCS's OPTIONS events, he plays pool weekly with family and friends.

Arthur has a creative side as well. His talents include making latch-hook figures that he sells at flea markets. He is also an avid collector of farm figures. His impressive collection is on display at his home.

Now that fishing season is here, you can be sure that Arthur will make time for one of his favorite hobbies—casting for another 'catch of the day!'



*Arthur Smith displays his catch of the day—an 18" rainbow trout.*

**Two New Programs!**

## FCS Launches New Behavioral Health Programs

Fitzmaurice Community Services is pleased to announce that two new Behavioral Health programs have been added to FCS's growing roster of services and programs.

One is a Supported Living program that will serve the needs of three individuals as they live and work cooperatively in a semi-independent setting. Staffing is provided and available, as needed.

"Three men will share the activities of the home—such as chores and cooking," said Chris Bumford, FCS's Senior Program Manager of Behavioral Health.

"This allows them to come one step closer to total independence, and living perhaps in their own apartment," she added.

The second program will serve three medically disabled persons who need more constant support in their daily living. The home is staffed full time. "This arrangement enhances their well-being and provides the constant supports that are needed," said Bumford.

## Dale Kerzmann—Eco Entrepreneur...

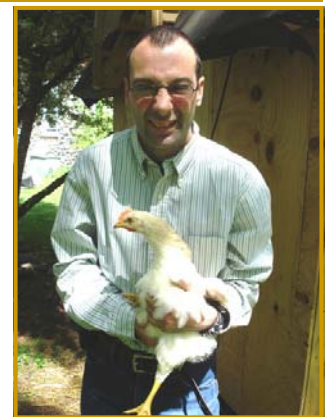
After reading the book "How to Raise Chickens," FCS Consumer Dale Kerzmann knew *exactly* what he wanted to try next!

First up on the agenda: an order of baby chicks—nearly three dozen—arrived at Dale's door. It took hard, responsible work by Dale & his housemate to care for them with appropriate food, temperature controls, fresh water and shelter. As a result, they have been rewarded with healthy young hens who will soon be mature enough to lay eggs.

Next step: Dale and his housemate constructed a chicken coop and moved the hens into their new home. Dale's vigilant care will continue, as the chickens take to their nests and lay eggs.

And finally, the ultimate goal is to sell farm-fresh eggs and home grown vegetables from their garden. Overall, it's been an enriching experience.

Dale has truly inspired us with his entrepreneurial spirit. And, of course—we're looking forward to some tasty eggs and fresh vegetables!!



*Dale Kerzmann with one of 27 hens*

# Options Has Something For Everyone to Enjoy!



## Options is A Habilitational, Educational, Socialization Program for Adults with Disabilities.

Consumers have the “Option” to participate in an activity that suits their needs and interests.

If you’d like to be included this month in a particular activity, please call Debbie at 570-213-4332. If you have transportation questions, please call Liz on the Options cell phone at 570-620-8299.

*We look forward to seeing you soon!*

**“Building community by making friends, learning new skills, while reaching your goals...”**



## Essential Piece of the Puzzle

Congratulations also to The HUD Team, consisting of **Jeanette Allen, Henry Brown, Michael Frascella and Jackie Tegethoff**. A HUD consumer who is being treated for cancer is unable to eat by mouth while undergoing intense treatments. Jeanette has taken extraordinary measures to provide this person with FCS services, coming in on her days off and coordinating shifts. FCS staff are flexing their shifts to take care of all of his needs. Thanks to the compassionate work of the HUD team, this gentleman has the comfort of being in his own home.

Each received a \$100 Visa gift card, a Bronze Puzzle Piece Pin, and a Certificate of Appreciation. Each recipient is now in the running for special recognition as FCS’s Employee of the Year, to be presented in November.



Left to Right: Chris Bumford, Sr. Program Director - Behavioral Health; HUD Direct Support Professionals, Jackie Tegethoff & Henry Brown; HUD Program Manager Jeanette Allen; President & CEO Elizabeth Koster, Executive Vice President Debra Scocozza; and HUD Direct Support Professional Michael Frascella.



## FCS Staff Volunteers For Phone Auction Fundraiser

FCS employees volunteered their time and talents in March to assist the Pocono Medical Center Auxiliary raise funds for the construction of a new cancer center. The fundraiser was broadcast live on TV-13, and featured items donated by local businesses which were auctioned off to the highest bidder. All proceeds will benefit the new construction at Pocono Medical Center.

Amy Cunha and Rosanna Montalvo of FCS had a blast (pictured left) in addition to other Administrative staff; Sherri Schenke, Janice Crisafulli, Bonnie Stauffer, and President & CEO Liz Koster.





## FCS Program Manager Receives C.N.A.



Congratulations to **Tammy Dell**, FCS Program Manager for a Developmentally Disabled group home in Stroudsburg, for successfully completing the Certified Nursing Assistant course at Monroe County Technical Institute in Tannersville.

Tammy enrolled in the one hundred and twenty hour course with her mother, Lili Hougas, a long-time FCS Lifesharing Provider.

About half-way through the classes, Lilly suddenly and unexpectedly passed away. Although Tammy did not want to continue the course during her grief over the loss of her mother, she found the strength to continue through her childrens encouragement. Tammy pushed forward with the challenging course, and successfully completed her certification with a ninety-six grade point average.

When asked what motivated her to start the C.N.A. course Tammy said; “The course was very helpful for my career path of a Direct Support Professional Manager. It will assist me and my staff’s care for our aging consumer population and address medical concerns with more intensive Personal Care. I can now assist in other areas within the FCS Group Home circuit, and be more knowledgeable of medical concerns that arise while caring for our consumers.”

The course at MCTA covered assessment of vital signs, advocacy regarding abuse and neglect, how to operate all medical equipment efficiently, and skills in the long term care of disabled individuals.

FCS is proud to see Tammy advance her career in the human services field with this important certification! Congratulations to Tammy on a job well-done.

## Would You Like To Try Something New?

We are very excited and pleased to collaborate with Stacy Nonnemaker, PhD, and Consultant with The Bureau of Autism Services in the Department of Public Welfare, in a six-month Art & Expression program. The Art Group is designed to explore new ways of self-expression for adults with disabilities. The workshops were designed and organized by Stacy.



From April through September, different topics will be chosen and led by a self-advocate. In addition to this brief exploration, a local artist will share a specific art form, using the topic as a catalyst, to teach participants new ways to express themselves with that particular art form. For example—the April topic that was chosen for exploration was ‘money’ and the follow-up art form for self-expression was ‘voice and sound.’

Each month there are two opportunities to participate! Groups are held on a Wednesday and a Saturday, allowing everyone a chance to give it a try. This is a unique and innovative way to connect with others, share thoughts and ideas, and truly grow in self-expression.



In the months ahead, some exciting art forms will be explored, such as: movement, percussion, painting and much, much more! To participate in The Art Group, please call Stacy at 570-460-3964.

While this is an outstanding opportunity for fun and recreation—it’s also something greater.

This activity truly aspires to a deeper level, offering consumers exposure to various art forms that may open new doors of self-expression!

**To Participate in The Art Group Please Call Stacy at 570-460-3964!**

**Bernadette Cabasos:** Nov. 14th 1972—March 6th 2010

**Lilianne Hougas:** June 21st, 1950—March 8th, 2010

**Ferdinand Saverese:** Feb. 14th,1930—April 10th, 2010



**Lilianne Hougas**



**Ferdinand Saverese**

### **In Loving Memory**

***It will be the little things  
That you will remember,  
The quiet moments, the smiles,  
the laughter.  
And although it may seem hard right now,  
It will be the memories of these little things  
That help to push away the pain  
And bring the smiles back again.***



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*Philosophy "Bringing Out The Best In People"*

PRESORTED STANDARD  
 U.S. POSTAGE PAID  
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 PERMIT NO. 222

**Mission Statement:** Fitzmaurice Community Services, Inc. is an organization dedicated to building bright futures for people with special needs and the individuals who support them in reaching their goals.

Fitzmaurice Community Services, Inc. creates an environment that fosters Independence, Individuality, Productivity and Inclusion in the community through customized services provided by highly-qualified and motivated employees.

**Vision Statement:** As the Provider, Employer and Charity of Choice in our community, Fitzmaurice Community Services, Inc. is committed to continually expanding services through innovative projects.

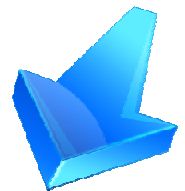
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**CLEARVIEW CLINICAL SERVICES, INC.**

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DR. ADAM GOODMAN	PSYCHIATRIST
ANN MARIE CUNHA	CLINIC NURSE

Have you visited us online recently? We've revised our website, making it easier to navigate and including more information than ever before!



[www.fitzmaurice.org](http://www.fitzmaurice.org)

[www.fitzmaurice.org](http://www.fitzmaurice.org)

At the FCS website, you'll find all the features and information you need—quickly and easily in one place!



Funded by the Carbon-Monroe-Pike Mental Health/Mental Retardation Program and Private Contributions

